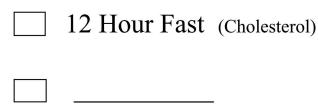
## **Fasting Instructions**





- Nothing to eat for designated time frame checked above
- Drink Plenty of Water
- Take medications as usual with water unless you are diabetic. Patients with diabetes that need to fast and will not be eating should not take their diabetic medications prior to having blood drawn.
- You can have beverages that contain NO CALORIES
- Black Coffee is OK
- We suggest bringing a small snack to eat after having your blood drawn.