

INSTRUCTIONS FOR VASECTOMY PATIENTS

MORNING OF SURGERY:

Physician to inform patient if surgical area is to be shaved. Prior to surgery, shave surgical area, if physician has directed to do, then scrub the scrotal area with dial soap for 10 minutes. Do not take Aspirin, Ibuprofen, Aleve, or other non-steroidal medication for one week before having the procedure.

If the physician gives you a mild sedative, please bring someone to drive you home after your procedure. Bring scrotal support (jock strap) or jockey shorts.

AFTER SURGERY:

Ask your physician about a follow up appointment.

Ice pack each side for 1 hour.

You may eat and drink as usual before and after surgery.

Use protection during intercourse until your sperm count confirms sterility.

1st sperm check needs to be done after 9-12 ejaculations or 6-8 weeks post surgery.

2nd sperm check needs to be done 4-6 weeks after your 1st sperm check.

Collect specimen in a clear container (can be picked up at your clinic).

1. You will bring both specimens to your clinic at the above designated times.

FINANCIAL ARRANGEMENT:

Arrangements for payment for your vasectomy must be made prior your procedure.

You may check with the Business Office for the most current cost for this procedure.

If you have further questions or need further information, please feel free to call or ask your physician.