Making a face mask

Materials needed

- Cotton fabric
- Rope Elastic, beading cord elastic or 1/8" flat elastic
- Cut the elastic 7" long and tie a knot at each end
  (DO NOT knot the ends of flat elastic)

Construction

1. Cut cotton fabric into 9"x6" square. Put right sides of cotton fabric together.
   Be sure any fabric pattern is place horizontally.

2. Starting at the center of the bottom edge, sew to the first corner, stop.
   Sew the elastic with the edge out into the corner.
   A few stitches forward and back will suffice.

3. Sew to the next corner, stop. Bring the other end of the same elastic to the
   corner and sew a few stitches forward and back.

4. Sew across that top of the mask to the next corner.
   Again, put elastic with the edge out.

5. Sew to the next corner and sew in the other end of the same elastic.

6. Sew across the bottom leaving about 1.5" to 2" open. Stop.
   Cut the thread. Turn inside out. Pin 3 pleats on each side of mask.
    Make sure the pleats are the same direction on both sides.
   Make sure the fold gathers or tucks up.

7. Sew around the edge of the mask twice.

▶ **View an instructional video by clicking this link.**